

Are you concerned about your child's development?



Every child is unique and his/her development is dependent on many factors including genetics, personality and health. Knowing what is expected of your child for their age can be reassuring or perhaps concerning when children are not reaching developmental milestones.

At OTRS, our team recognises the importance of early identification and remediation of any developmental difficulties your child may be experiencing. We can ensure they have all the developmental building blocks in place to equip them to reach their full potential in life.

Fundamentals is a specialist developmental therapy service which is able to screen, assess, identify, and if necessary work with the family/preschool/school to treat developmental delays in children, from babies through to teens.



What to keep an eye on

If your child is not reaching developmental milestones this can hinder their functional ability at pre-school, school and home to carry out everyday activities with ease and at the level expected for children of their age. These developmental delay symptoms could include:

- Difficulty holding a pencil correctly, weak grasp
- Poor scissor use and control
- Difficulty with using cutlery, tying shoe laces
- Poor discrimination of left and right
- Reversal of letters and numbers
- Difficulty with learning to dress independently
- Sensitivity to grooming, oral hygiene and bathing
- Sensitivity to touch, movement, and sound
- Actively seeks opportunities to bump into objects
- Poor sleep patterns with difficulty winding down
- Under/over reaction to pain
- Often chews/sucks on clothing or other items
- Anxiety (especially for girls)
- Delay in motor milestones - walking, crawling
- Difficulty with jumping, skipping and star jumps
- Poor ball skills, difficulty riding a bike, scooter

Benefits of FUNdamentals

- Early intervention
- Reassurance for parents
- Making learning fun and easier for your child
- Builds on present skill level
- Individualised and flexible approach
- Parent/caregiver involvement
- Can be provided to groups or individually
- Team of experienced health professionals available



The Assessment

Our team of experienced Occupational Therapists, Physiotherapists, Speech Language Therapists and Psychologists have the expertise and knowledge to assist your child to be a successful learner at school and meet the appropriate milestones in all aspects of their lives.

We assess your child's motor, perceptual, emotional/behavioural and sensory abilities by use of standardised assessment tools, clinical observation and expert evaluation to identify your child's strengths and weaknesses.

Working with Claire

The first time we see your child will take one to two hours. Claire Rogers, a registered Occupational Therapist, will meet with you and your child in your home or at their learning facility. She has a passionate interest in sensory processing and learning and has worked with children in schools and in the community since 1987. She has 4 children, 2 with disabilities.



We use developmentally appropriate therapeutic activities that provide just the right amount of challenge and FUN to develop the building blocks for learning – specifically developing:

- Fine and gross motor skills
- Balance, stability, posture and motor control
- Handwriting and hand eye co-ordination
- Visual processing skills and oral-motor skills
- Self esteem, confidence and self care skills
- Sensory diets
- Listening skills and auditory processing skills

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